

FAMILY NEWSLETTER SEPTEMBER 2018



Tulley, Teddy, Hunter and Harry
'Dress Like a Farmer Day'

PLAYGROUP DATES

Molong

11 & 25 October

8 & 22 November

Canowindra

17 October

14 November

We are excited to announce we will be trialing Playgroups in Orange in 2019!



EDUCATOR OF THE MONTH



Kira Whiteman

July 2018

For her increasing confidence in her ability to run a high quality education and care service and for her brilliant representation of Cabonne/Blayney Family Day Care Educators during Assessment and Rating in July 2018.



Samantha Dykes

August 2018

For her fantastic ability to program for the individual needs and interests of each child in her care. Samantha's day books were also used as supporting material in our recent Assessment and Rating.

SHIRT & HAT ORDERS

We are currently placing another order for shirts and hats with the Cabonne/Blayney Family Day Care logo embroidered on them. We would like to thank Totally Work Wear Parkes for giving us a fantastic quote. The order form is in a separate attachment to the Newsletter. If you would like to order, please fill in your details and hand the money and your order form to your Educator or bring it to the Service and we can forward it onto Totally Work Wear on your behalf.

Congratulations to our raffle winners who all won great prizes from our raffle at the Molong Markets. Thank you to all the families and Educator's who came supported us during these markets. See you again at the Molong Markets in March 2019!

From the Nominated Supervisor

I first would like to acknowledge my staff and beautiful Educators for their dedication and passion they participate into our service. This year has been a challenging year for our Service but we have remained positive as a team, and reassured each other to get through each challenge. We successfully received amazing results in each challenge we have faced.

TRANSITION TO SCHOOL

It is hard to believe that we are now starting Term Four of 2018. For some excited children, they will be starting transition to school, as the children are getting prepared for their new environment, becoming familiar with the classrooms, playground equipment, toilets etc. and developing new friendships. It is important for your child to attend transition to school programs, as they prepare themselves to get through this new phase of life.

DAROO AWARDS

I am delighted that Cabonne/Blayney Family Day Care received nominations in 4 categories in the Daroo Business Awards this year. Our Service is a finalist for Excellence in Service Operations Small Entity, Contribution to Cabonne – Community Organisation and Best Business in Cabonne. Our Educators Grace Press and Leanne Kinsella are also finalists for Best Home Based Business in Cabonne. I am also excited, as I am a finalist in Employee of the Year. This is wonderful that our Service has been acknowledged from the community members for our hard work that we implement into our children, families and the communities. Well done everyone!

WELCOME AND FAREWELL

I would like to welcome Sue Dawson from Narromine, Bonnie-Sue from Yeoval and Megan Gould from Parkes. These women have joined our service as Registered Educators and we welcome them into our team. I would also like to welcome Alannah Johansen to our team as an In-Home Care Educator. We farewell Leanne Gilmour and Kirstyn Riley from Orange at the end of 2018. Our Service values your dedication, commitment and time you have spent with our Service. You will be sadly missed by us all, and from the children! We wish you the very best in your new future, may it be exciting and fun.

SHOW DISPLAYS AND MARKETS

You might have seen our wonderful show displays at Molong, Manildra and Canowindra recently. I would like to thank Rachael, Jacinta, Jackie and Katia for taking the time to create the beautiful displays for the children, families and the community to look at while attending the show. Thank you to the Educators and children who participated in the art work,. Without your participation this would not have been a success. We are planning to incorporate more show displays next year at other locations.

Rachael and I attended the Molong Markets on Monday 1st October. This was a great opportunity to promote our service and raise money for our service. It was a successful day, as we were kept busy all day (face painting was a huge success). I would like to thank Rebecca Geddes and Chelsi Duncan for assisting us on the day, as they had the immense task of painting children's faces. The girls did an amazing job. Thank you!

NEW POLICIES AND PROCEDURES

The draft of the new policies and procedures has now been finalised. We have updated the policies and procedures and implemented new policies for our Service to comply with. If you would like a copy of the new policies, we can email the booklet to you. Please call Rachael on 63923219, and request for a digital copy or ask your Educator to read their digital or hard copy.

CHANGES TO OUTDOOR ENVIRONMENT

You may have noticed that your Educator's outdoor environment has been changing. This represents our philosophy values of loose parts, natural resources, robust physical play and sustainability. Loose parts are materials where the children can move, carry, push, redesign, line up, take apart and put back together. They are materials with no specific set of directions that can be used alone or combined with other materials.

There are many reasons why play spaces should include a multitude of loose parts, including:

- Loose parts can be used anyway children choose.
- Loose parts can be adapted and manipulated in many ways.
- Loose parts encourage creativity and imagination.
- Loose parts develop more skill and competence than most modern plastic toys
- Loose parts can be used in many different ways
- Loose parts can be used in combination with other materials to support imagination
- Loose parts encourage open-ended learning.
- Children choose loose parts over fancy toys.

We highly value sustainability within our environments and we are pleased to say that our Educators are working hard on providing sustainable environments. Educators are implementing veggie gardens, recycled and reused materials, natural resources, wooden logs, natural grass, water minimisation, worm farms, reduced amount of plastic resources, compost bins and lots more. We invite families to join in simple sustainable practices and help to teach the children about sustainability at home for a better future for all.



SUN CREAM AND HATS

A friendly reminder to all families as the weather is finally getting warmer, to pack your child a broad brim hat and ensure your child is wearing the appropriate clothing. Our Service follows the Sun Smart Policy, and the Educators will be following the UV rays each day and when the UV Index is 3 or above they will be protecting your children's skin. We encourage parents to apply sun cream to their child before attending care, and your Educator will reapply 20 minutes before going outside.

ILLNESS IN CARE

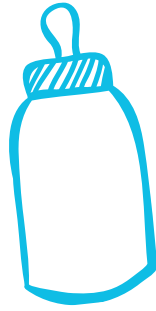
It is important to remember children who are feeling ill should not attend care. If your child is too unwell to attend normal activities during the day, your child should not attend an Educator's service. Children who are suffering from infectious diseases are not to attend Family Day Care. Germs are very easily spread, especially amongst small children and babies, so PLEASE keep your child home. We need to protect the other children, your Educator and their family members from the becoming ill. Thank you!

Thank you,

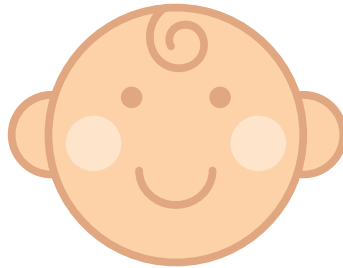
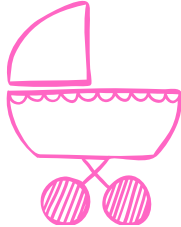
Sharnie Duncan

Nominated Supervisor

CONGRATULATIONS TO
PARKES EDUCATOR,
SHIRLEY & PARTNER
JEREMY, ON THE ARRIVAL
OF BEAUTIFUL BABY BOY,
TYLER ARTHUR!



CONGRATULATIONS TO
EMILY, DAMEN, THEA
AND ARABELLA ON THE
ARRIVAL OF THEIR BABY
BOY/BABY BROTHER,
MASON CHARLES!



CONGRATULATIONS TO
JADE, MARK AND
MATILDA GAVIN ON THE
ARRIVAL OF THEIR
GORGEOUS BABY
GIRL/LITTLE SISTER,
GEORGIA!



CONGRATULATIONS TO
NADINE, NICK, JACK &
EVIE DALY ON THE
BIRTH OF THEIR BABY
BOY/LITTLE BROTHER,
ARCHIE CHRISTOPHER!

CANOWINDRA READING DAY

On Thursday, 23 August 2018, our Educators Jackie, Wendy, Leanne, Grace and Kira, staff Jacinta and Rachael and children participated in the Canowindra Community Reading Day. We had an exciting morning with lots of different books to read and people to meet. Thank you to Canowindra Public School for hosting the day!



DRESS LIKE A FARMER DAY

On July 15 & 16, our Service held a 'Dress Like a Farmer Day' to raise money for the charity, Buy a Bale. We have raised over \$300 for Buy a Bale and were able to donate 15 hay bales to struggling farmers. In early September, our donations were put to use when a hay run made its way to local towns Cumnock and Yeoval. We are extremely proud to be able to help out and we thank everyone who dressed up and made a donation. We are very fortunate to have such generous families in our Service!



On July 16, we had a visit from the Molong Police at Playgroup. The children were able to get in a paddy wagon, turn the sirens and lights on and off, breathalize other children and wear the police vests. The policemen had one important message for the children; that police are their friends and they can come to them whenever they are in trouble or need help. The police also encouraged parents not to threaten to take their children to the police when they are being naughty as this scares children away from the police and could potentially stop them from seeking help if in a situation where they needed it.

WHITE BALLOON DAY

On September 7, Cabonne Council and Our Service participated in a White Balloon Day Fundraiser by wearing white or purple and giving a gold coin donation. We aimed to bring awareness to child sexual abuse. For more information, please visit our Facebook page.



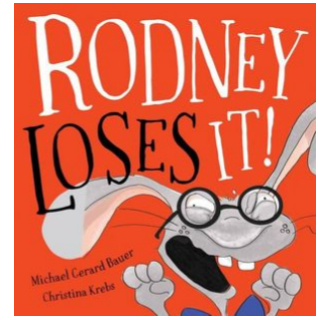
BOOK CORNER



Rodney Loses It!

By: Michael Gerard Bauer, Chrissie Krebs

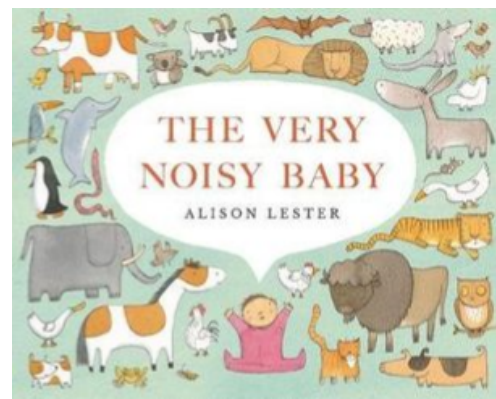
Rodney was a rabbit who loved nothing more than drawing. He never found it tiresome, tedious or boring. But then one day, disaster struck, the one thing Rodney feared, while working at his drawing desk his pen just... DISAPPEARED! A truly hysterical search for a missing pen, by award-winning author Michael Gerard Bauer.



The Very Noisy Baby

By: Alison Lester

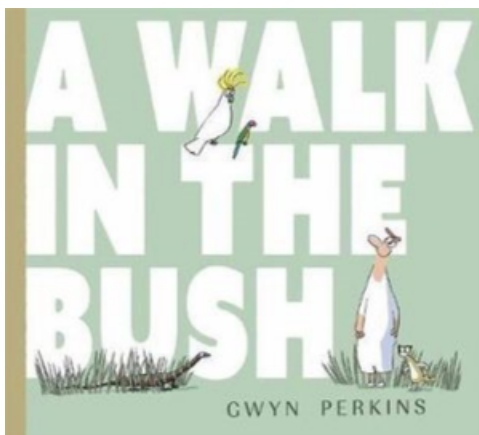
Here is the story of a very noisy baby. She could bellow like a buffalo And roar like a lion. And howl like a wolf for a very long time. The baby loves to make all kinds of sounds. She's really very loud. But when some animals in the town go missing, can the very noisy baby help? Find out in this wonderfully boisterous story, full of action, fun (and noise!)



A Walk in the Bush

By: Gwyn Perkins

Little Iggy doesn't want to leave the house, but Grandad insists – they always have fun together. What follows is a wonderful journey in the great Australian outdoors with singing birds, wallaby surprises, secret caterpillar messages and oodles of grandad humor. Here is a story about the wonders of nature, the funny side of life and spending time with the ones we love.



THE GREAT RABBIT CHASE

By: Freya Blackwood

Gumboots is a beautiful pet rabbit, but he likes to escape. A story that celebrates what it means to live in a community and a reminder that life is full of surprises.



CARING FOR THE ENVIRONMENT

Save water

Turn the tap off when you are finished. Saving water is important because everything needs water to live.



Recycle

Sort rubbish and put recyclable items in the correct bin. Some items can be made into new products.



Walk or ride

Walk or ride your bike on short trips rather than taking the car, it creates less pollution.



Reduce rubbish

Put food scraps in a compost bin or worm farm. Composting improves the soil and reduces landfill.



What can you do to



Use less power

Switch the light off when you leave a room. Creating electricity makes pollution, the less power you use the less pollution.



Plant natives

Plant native species of plants, they provide food and habitat for wildlife.



Say 'no' to plastic bags

Take your own carry bag when shopping. Plastic bags take years to degrade and can endanger wildlife.



Reuse

Use a drink bottle that can be washed and reused. Reusing items means less waste.



APPROPRIATE DRINKS FOR CHILDREN

Did you know?

WATER

Toddlers require around 1L of fluid per day and preschool aged children require around 1.2L per day. Drinking water is a habit that should be developed from a young age.



Did you know?

WATER

Children should not be drinking fruit juice regularly. While some juices contain vitamin C, they lack the fibre and many other important nutrients contained in a whole piece of fruit.



Did you know?

WATER

The high sugar content in fruit juices can impact on children's oral health. Choose water instead and add a slice of fruit or some mint for flavour if needed.



Did you know?

WATER

Soft drinks, cordials, sports drinks and flavoured milks should be avoided and only given on special occasions due to their high sugar and energy content. One cup contains 4 to 6 teaspoons of sugar!



Did you know?

WATER

Drinking water throughout the day not only keeps your children hydrated but keeps them regular!

It is important to encourage them to drink more water when they exercise and during hot weather to maintain hydration.



Did you know?

MILK

For children over the age of 2 years, reduced fat (lite) milk is recommended, as they are now eating a wider range of foods that meet their energy and fat requirements.



Did you know?

MILK

Reduced fat (lite) milk contains very similar amounts of protein and calcium as full cream milk, it just has less fat!



Did you know?

MILK

Milk is a great source of protein and calcium for growing children.



Did you know?

MILK

For children under the age of 2 years, full cream milk is recommended.

