



LOVE YOUR LEFTOVERS

We're creating a 'Love Your Leftovers' recipe book inspired by the community for the community.

Share your recipes and tips for reusing leftovers and help us tackle food waste!

Why are we creating a recipe book?



Food waste costs the Australian economy \$36.6 billion annually. The average Australian household throws away \$2,500 worth of food every year.



One in five shopping bags of food are thrown out. Food waste rotting in landfill generates harmful greenhouse gas emissions.



Over five million Australians experience food insecurity each year, one quarter of these are children.

How can I contribute?

If you have a favourite leftovers recipe or even an idea on reducing food waste, we want to hear from you! We are looking for recipe ideas for breakfast, lunch and dinner as well as dessert and snacks too!



Submitting your ideas and recipes is easy. Complete the following template and email to netwaste.loveyourleftovers@envirocom.com.au or scan the QR code to complete online.

All recipes must be submitted by Friday 25 November 2022.





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Recipe name:

Prep time:

Cook time:

Serves:

Vegan

Vegetarian

Gluten free



Feel free to include a photo of your completed recipe.

Ingredients:

-
-
-
-
-
-
-
-
-
-
-
-

Methodology:

Please leave your details on the last page of this form.



E: netwaste.loveyourleftovers@envirocom.com.au

P: 0400 259 535



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No recipe idea? No Problem!

If you have an idea or tip on how to reduce food waste, we'd love to hear from you too!

Are you a smart shopper? How do you meal plan? Do you have any pantry storage tips? How do you keep your food fresher for longer? What other inventive ways do you reuse leftovers? Share your ideas below:

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Tell us about yourself!

Name:

School/Group/Business name:

Phone (optional) and email:

Biography

Please tell us about yourself and why you care about reducing food waste!

Do we have permission to feature your Name/School/Group/Business and biography in the recipe book if your submission is selected?

Yes No



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